

SUCCESS

OPTIMISM

ACCOUNTABILITY

RESPECT

CAMP SOAR 2018

Camp SOAR 2018 will be an exciting experience for all. Approximately 90 students will be participating in this year's camp!

Please find below more information about the camp, activities, what to bring, rules/expectations, and contact numbers.

Students will be arranged into cabins of 10-14 students per cabin. Each cabin will have at least two senior leaders that will help everyone get to know each other and ensure everyone is having a great time. All campers are also divided into colour groups. These groups will be working together on team challenges and spirit activities throughout the two days.

The adventure will begin on Tuesday, May 8th, 2018 at 8:30 am. All students are to be in the cafeteria at this time ready to load onto the buses. Team leaders will be working with their colour groups throughout the camp developing their team cheers and playing leadership games.

The following schedule will take place over the two days at camp:

Tuesday, May 8, 2018

- 8:00 - 8:30 am **Luggage may be brought to the cafeteria until we leave**
- 8:30 - 9:00am Assign groups and load buses
- 9:45am Arrive at camp
- 9:45 – 12:00pm Settle into cabins, introductory remarks from camp staff and teachers, Get organized in colour groups, team-building exercises, scavenger hunt
- 12:00 – 1:00pm Lunch
- 1:00 – 5:00pm Stations – Group Leadership Activities
- 5:30pm Dinner
- 6:30 – 10:00pm General Meeting/Expectations, Colour Chants, Minute To Win It, Campfire

Wednesday, May 9, 2018

- 7:00am Wake Up
- 8:00am Breakfast
- 8:45 - 9:00am Return to Cabins
- 9:00 - 10:00am Group Game
- 10:00 - 12:00pm Stations - Leadership Activities
- 12:15pm Camp Picture
- 12:30 - 1:15pm Lunch
- 1:30 - 3:30pm Stations - Leadership Activities
- 3:30 - 5:00pm Group Game + Capture The Flag
- 5:30pm Dinner
- 6:30 – 7:00pm Pack and Tidy Up, Load Busses
- **7:30pm Parent Pick up at Eastdale Secondary School's parking lot.**

PLEASE TURN OVER FOR SOME MORE IMPORTANT INFORMATION

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Items to Bring to Camp SOAR

- Clothing for all types of weather (rain gear, **warm** sweaters, hats)
- Towels, soap, shampoo, personal hygiene items
- An extra pair of shoes/boots
- Any necessary medicine (please let a staff member know)
- Pillow
- Sleeping bag and blankets
- Insect repellent
- Sun Screen
- Flashlight
- Musical instruments, books, cards, etc. are optional
- Snacks for in your cabin (if you wish)
- **Please do not bring – gum or nuts**

Things to Remember

- ✓ Pack clothing for all types of weather (rain jackets or ponchos, **warm** sweaters – there can be some cold nights, two pairs of shoes, extra dry socks)
- ✓ Leave your valuables at home.
- ✓ Cell phones, IPODS, and any other forms of technology are discouraged. They cannot be used during the activities or to take video or pictures without consent. If you are caught using them they will be confiscated and kept until we return to school!
- ✓ Please remember we are not responsible for any lost or missing items.
- ✓ All food is provided at the camp. Fresh fruit and drinks are available at anytime outside of the regular meal times.
- ✓ This is a high energy, non-stop camp - be ready to have fun!

In case of emergency, the camp can be contacted at 289-213-2834 or email Susan.Gaines@dsbn.org.

If any student does not comply with the camp or school board policy, parents will be contacted immediately to pick up his/her child at Cave Springs Camp. We do not anticipate any improper behaviour, our students and leaders are respectful and are looking forward to this as a great experience.

This is an incredible opportunity to develop leadership skills and work together as an Eastdale team. We appreciate the commitment you have given to attend the camp and we are sure that it will be a fantastic experience.

If you have any additional questions please do not hesitate to contact us.

Thank you in advance for what we are sure will be an outstanding camp!

Sincerely,

Camp SOAR Staff Advisors

